

Gymnastics Classes Rules & Policies



Class Attire:

- Girls should wear a leotard or close-fitting shorts/pants and a T-shirt that tucks in.
- Boys must wear shorts or pants and t-shirt that tucks in.
- No tights with feet, dresses, leotards with skirts, jeans, belts or overalls or anything with buttons or zippers

Parent/Guardian Policies:

- It's important for your child arrive to class on time and prepared to participate.
If you arrive late, your child will miss important parts of the class.
- Parents must remain in the designated seating area at all times. Non-enrolled siblings are not allowed on the gym floor.
- During class, your child's attention should be directed to their teacher.
You may observe but please do not talk to your child during class unless the instructor asks for your assistance.
- Parents are encouraged to inquire about YMCA memberships to use the facility during classes.
- If for any reason a parent needs to speak with one of the coaches, please wait until the end of the class or call or email us to schedule a better time. If you have any questions or concerns, email us at coaches@westfieldymcagymnastics.com

Me & My Tot Tumble & Splash Class

During this session we will be giving your child the opportunity to experience various movements that can help them develop perceptive motor skills. Remember that during your Tumble & Splash class you are responsible for staying with your child and guiding their activity within the group. We encourage free movement & exploration but ask that you remain close to the group so as to not interfere with the other activities. If your child tends to roam, please redirect them to the proper area with the rest of the class. Non-enrolled siblings are not allowed on the gym floor.

Westfield YMCA • 67 Court St., Westfield, MA • www.westfieldymca.org - 413-568-8631

westfieldYMCAgymnastics
BOMBERS



Gymnasts Information

Name _____ Age _____ Birthdate _____
 Address _____
 City, State _____ Home Phone _____

Parents/Guardians Information

Parents/Guardian _____ Cell Phone _____ Work Phone _____
 e-mail _____

In case of emergency and we cannot be reached please notify:

Name _____ Phone _____ Relationship _____

Waiver Info

I authorize the YMCA of Greater Westfield to use my child's photo/image for marketing and promotion purpose _____
Signature Date

I understand that every effort will be made to reach me in case of emergency. If I am unable to be contacted, I hereby authorize the staff at the YMCA of Greater Westfield to act in my absence according to their best judgement in any emergency requiring medical attention, and hereby waive and release the YMCA from any and all liability for any injuries incurred during the gymnastics season. I understand that participation in gymnastics involves motion, rotation and height in a unique environment and as such carries the risk of injury. I hereby authorize qualified medical personnel to administer necessary emergency treatment to my child in the event of an accident in which I cannot be reached. By signing below I authorize my child to participate in the YMCA summer gymnastics program and understand and agree to the terms and conditions.

Signature _____ Date _____