



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**SINCE WE BE HEADING INTO THE COLD & FLU SEASON SOON WHEN SCHOOL IS STARTING, WE WOULD LIKE TO ENLIST YOUR HELP IN PREVENTING THE SPREAD OF THIS DISEASE IN OUR SCHOOL. BELOW ARE GUIDELINES TO FOLLOW REGARDING ILLNESS ARE LISTED BELOW.**

- **\*If a child has a temperature greater than 100, is feeling ill or shows symptoms, the child will not be allowed into care that day and for an additional 24 hours and must be fever and medication free.**
- **If a child is sent home from care because they are ill or show symptoms listed below they not be able to attend the program until they 24 hours fever and medication free.**

- Fever or chills
- Cough
- Sore throat
- Shortness of breath or difficulty breathing
- Muscle or body aches
- Headache
- New loss of taste or smell
- Congestion or runny nose (must be accompanied by other symptoms)
- Gastrointestinal distress (nausea, vomiting or diarrhea)
- Any other sign of illness

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