

# YMCA OF GREATER WESTFIELD UPDATED POLICIES

## AQUATICS



YMCA of Greater Westfield  
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### GENERAL AQUATICS POLICIES AND PROCEDURES

1. Upon entering the pool area sanitize your hands at the hand sanitizer station located on the wall at the deep end of each pool
2. Locker rooms will be open at this time for rinsing showers and storage purposes only. If you would like to keep your belongings in the pool area, there are six foot stations on the bleachers that are marked with blue tape
3. After use equipment will be put in bucket marked as "Used Equipment"
4. Please remember to bring your own towel as towel service has been discontinued
5. Exit spaces safely by wearing a mask

### LAP SWIM POLICIES AND PROCEDURES

1. At this time, there will be no sharing lanes unless with a family member from the same household. If a lane is not available, you must wait until a swimmer exits
2. Masks are to be worn until you are in the water. There will be a chair set up at each end of each lane where you can put your mask & towel during your swim. You must wear your mask until you are behind your lane, and put the mask on as soon as your face is dry upon exit. Please disinfect your chair before and after use
3. Upon completing your swim, use any of the ladders on the outside of the pool to exit. If moving lanes to exit, please be sure to maintain social distance. If you need assistance entering or exiting the pool, the lifeguards can help with our accessibility lift
4. We ask that you limit your time at the Y to an hour and a half

\*Should we run into capacity concerns, the YMCA will implement a reservation system\*

### AQUATIC FITNESS CLASSES POLICIES AND PROCEDURES

1. Please arrive to the pool area no sooner than five minutes before your class
2. Pool Fitness classes must register on a Daily Basis. Members will be able to sign up for a space 24 hours in advance. Sign up can be done over the phone or in person at the YMCA
3. Take equipment that you are going to use during the class from clean equipment space. Do not take from the "used equipment" station
4. Return used equipment to "used equipment" station to be disinfected by staff
5. Please be sure to keep at least six feet apart from others in the class. There will be cones set up on the outside of the pool to mark off areas that are six feet apart

### **SMALL POOL ADULT OPEN SWIM POLICIES AND PROCEDURES**

1. Please be sure to keep at least six feet apart from others in the pool at all times
  2. Max capacity for the small pool is 7
  3. Take equipment that you are going to use from clean equipment space. Do not take from the "used equipment" station. Return equipment to the "used equipment" station
  4. Proceed to your station on the bleachers to dry off and collect your belongings
- \*Should we run into capacity concerns, the YMCA will implement a reservation system\*

### **MASTERS SWIM POLICIES AND PROCEDURES**

1. Masks are to be worn at all times until you are in the water. There will be a chair set up at each end of each lane where you can put your mask & towel during your swim. You must wear your mask until you are behind your lane, and put the mask on as soon as your face is dry upon exit
2. Please arrive no sooner than ten minutes before practice
3. Locker rooms will be open at this time for rinsing showers and storage purposes only. If you would like to keep your belongings in the pool area, there are six foot stations on the bleachers that are marked with blue tape
4. Once you have equipment and are ready to swim. Six feet social distance is to be maintained at all times during this process
5. Masters is allowed two swimmers per lane provided they start at opposite ends of the pool
6. When resting on the wall, please stay in the middle so that we can ensure that social distancing is maintained throughout practices
7. Upon finishing practice, please put your borrowed equipment in the "used equipment" bin in the shallow end of the pool. If it is your personal equipment, please hang it back up on the hangers
8. Exit with a mask on while maintaining social distance