

# YMCA of Greater Westfield



# COLE POOL SCHEDULE



## APRIL



Effective April 1 through April 30

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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### LAP SWIM

5:15am - 9:00am All Lanes*	5:15am - 6:30am Lanes 1-3	5:15am - 8:30am All Lanes*	5:15am - 6:30am Lane 6	5:15am - 2:40pm All Lanes*	7:00am - 8:00am 4-6 Masters/ 1-3 Oper	12:00pm-4:30pm All Lanes
9:00am - 10:00am Lane 6	6:30am-8:30am All Lanes	8:30am - 9:30am Lane 6	6:30am-8:30am All Lanes	2:40PM-6:30PM Lanes 1-2	8:00am - 10:00am Lane 3	
10:00am-2:40pm All Lanes	8:30am - 9:30am Lane 6	9:30am-2:40pm All Lanes	8:30am - 9:30am Lane 6	6:30pm-9:30pm All Lanes	10:00am - 5:30pm Lanes Vary	
2:40pm-6:30pm Lanes 1-2	9:30am-2:40pm All Lanes	2:40pm-6:30PM Lanes 1-2	9:30am-2:40pm All Lanes			
6:30pm-7:00pm Lanes 3-4	2:40pm-6:00pm Lane 1-2	6:30pm-7:00pm Lanes 1,2	2:40pm-6:00pm Lane 1-2			
7:00pm - 8:00pm Lanes 5-6	6:00pm - 7:00pm Lane 4	7:00pm - 8:00pm Lanes 5-6	6:00pm - 7:00pm Lane 4			
8:00-9:30pm All Lanes	7:00pm - 9:30pm All Lanes	8:00pm-9:30pm All Lanes	7:00pm - 9:30 pm All Lanes			

### POOL FITNESS

9:00am - 10:00am Lanes 1 - 5	8:30am - 9:30am Lanes 1 - 5	8:30am - 9:30am Lanes 1 - 5	8:30am - 9:30am Lanes 1 - 5			
	6:00-7:00pm Lanes 1-3		6:00-7:00pm Lanes 1-3			

### SWIM LESSONS

6:00pm-6:45pm Lanes 1-2						
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### SWIM TEAM

2:40PM-6:00PM Lanes 2-6	5:30am-6:30am Lane 6	2:40PM-6:00PM Lanes 3-6	5:30am-6:30am Lanes 6	2:40PM-6:30PM Lanes 3-6	8:00am - 10:00am Lanes 4-6
6:00pm-6:30pm Lanes 5,6	2:40pm-4:30pm Lanes 3-6	6:00pm-6:30pm Lanes 5,6	2:40pm-4:30pm Lanes 3-6	6:00pm-6:30pm Lanes 5,6	
	4:30pm-6:00pm Lanes 4-6		4:30pm-6:00pm Lanes 4-6		

### FAMILY OPEN SWIM

					11:00AM - 5:30pm Lanes Vary
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### APRIL POOL EVENTS

**\*Masters Swim Team Practice**  
**Mondays, Wednesdays, and Fridays 6:30AM-7:30AM**  
**Lanes 4-6**

Lap swim is for continuous swimming of laps. Circle swim lap lanes are designated shared lanes.  
 Please follow and know the rules/policies of the pool to ensure everyone's well-being and safety.

POOL TIMES ARE SUBJECT TO CHANGE

Please contact John Farrell Aquatics Coordinator 568-8631 ext. 320 [jpfarrell@westfieldymca.org](mailto:jpfarrell@westfieldymca.org) or visit our website at [westfieldymca.org](http://westfieldymca.org)

# SMALL POOL SCHEDULE



## APRIL



Effective April 1 through April 30

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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### FAMILY OPEN SWIM

8:00am-9:00am	8:00am-8:30am	8:00am-9:00am	8:00am-8:30am	8:00am-8:30am	11:00am - 1:00pm	12:00pm-4:30pm*
3:00pm - 5:00pm	3:00pm - 4:30pm	3:00pm - 4:30pm	9:15am-10:30am	10:15am-11:00am	1:00pm-5:30pm*	
7:30pm - 9:30pm	6:30pm - 9:30pm	7:30pm - 9:30pm	3:00pm - 5:00pm	3:00pm - 4:30pm		
			6:45pm - 9:30pm	7:30pm - 9:30pm		

### ADULT OPEN SWIM

5:15am - 8:00am	5:15am -8:00am	5:15am - 8:00am	5:15am - 8:00am	5:15am - 8:00am	7:00am-8:30am	
2:00pm - 3:00pm	2:00pm-3:00pm	2:00pm - 3:00pm	2:00pm-3:00pm			

### POOL FITNESS

11:00am-12:00am	8:30am-9:15am	11:00am-12:00am	8:30am-9:15am	8:30am-10:15am		
5:00pm-6:00pm	10:30am-12:00pm		10:30am-12:00pm			
	1:00pm-2:00pm		1:00pm-2:00pm			

### SWIM LESSONS

9:00am - 11:00am	9:30am-10:30am	9:30am - 10:30am	5:00pm - 6:45pm	11:00am -12:00pm	8:30am - 11:00am	
1:00pm-2:00pm	4:30pm-6:30pm	1:00pm-2:00pm		1:00pm - 2:00pm		
3:45pm-5:00pm		4:30pm - 6:30pm		4:30pm - 6:30pm		

### THERAPY SWIM

12:00pm-1:00pm	12:00pm - 1:00pm	12:00pm-1:00pm	12:00pm - 1:00pm	12:00pm-1:00pm		
6:30pm -7:30pm		6:30pm -7:30pm		6:30pm -7:30pm		

### SPECIAL NEEDS ADULT SWIM

				2:00pm - 3:00pm (shared w/Adult Open)		
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### KIDS NIGHT OUT

				KNO 7:30pm-8:00pm		
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### APRIL POOL EVENTS

**\*If there are no birthday parties it will be family swim**  
PLEASE TAKE A CLEANSING SHOWER PRIOR TO ENTERING POOL.



Please follow and know the rules/policies of the pool to ensure everyone's well-being and safety.  
**POOL TIMES ARE SUBJECT TO CHANGE**

