



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# STRONG SWIMMERS CONFIDENT KIDS



## FALL 2020 SWIM LESSONS September 22 – November 7 (7 Week Session)

**REGISTRATION DETAILS**  
Registration begins Thursday, September 10 - Registration can be done in person at the Y or over the phone by calling the Welcome Center

**PROGRAM INFORMATION**  
One class per week for registrant  
1:2 student to instructor ratio for preschool swim lessons - 1:3 student to instructor ratio for youth swim lessons

PARENT & CHILD (6 months-3 yr)	FEE	DURATION	TUES	WED	THUR	FRI	SAT
Stage A/B & Stage 1 with Parent	\$60 Member \$97 Non-Member	30 mins		4:30-5:00 PM			9:00-9:30 AM
PRESCHOOL (3-5 yrs.)	FEE	DURATION	TUES	WED	THUR	FRI	SAT
Stage 1 Water Acclimation	\$60 Member \$97 Non-Member	30 mins	4:30-5:00 PM	5:20-5:50PM	4:30-5:00 5:20-5:50 PM	5:30-6:00 PM	9:45-10:15 AM
Stage 2 Water Movement		30 mins	4:30-5:00 PM	5:20-5:50 PM	4:30-5:00 5:20-5:50 PM	5:30-6:00 PM	10:30-11:00 AM
Stage 3 Water Stamina		30 mins	5:30-6:00 PM			4:30-5:00 PM	
YOUTH (5-12 yrs.)	FEE	DURATION	TUES	WED	THUR	FRI	SAT
Stage 1 Water Acclimation	\$67 Member \$104 Non-Member	40 mins	5:20-6:00 PM	4:30-5:10 PM	5:20-6:00 PM	4:30-5:10 PM	10:30-11:10 AM
Stage 2 & 3 Water Movement & Stamina		40 mins	4:30-5:10 PM	5:20-6:00 PM	4:30-5:10 PM	4:30-5:10 PM	9:00-9:40 AM
Stage 4 & 5 Stroke Introduction & De-velopment		40 mins	6:00-6:40 PM			6:00-6:40 PM	

**FOR MORE INFORMATION: Kyle Murphy, Aquatics Director [kmurphy@westfieldymca.org](mailto:kmurphy@westfieldymca.org)**

**YMCA of Greater Westfield • 413-568-8631 • [www.westfieldymca.org](http://www.westfieldymca.org)**

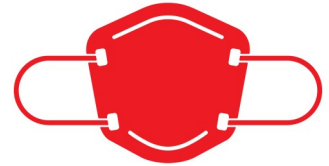


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# YMCA OF GREATER WESTFIELD SWIM LESSON INFORMATION

## HEALTH & SAFETY

- Do not come to class if anyone in your household is not feeling well.
- Masks are required throughout the building for anyone over 2 years old. Masks can be removed right before a swimmer enters the pool and must go back on right after class.
- Remember to social distance (6 feet of distance).
- Wash or sanitize your hands a lot!
- Staff are pre-screened prior to working.



## TIPS

- Swimmers are encouraged to come dressed and ready to swim.
- We encourage people to Wrap-N-Go after lessons.
- Have your children go the bathroom before coming to the pool.
- Swimmers must bring their own goggles, if desired.

## CLASSES

- Classes will be staggered and have a 1:2 or 1:3 instructor to swimmer ratio.
- Swim instructors will be wearing face shields during swim lessons.
- Arrive no more than 5 minutes early.
- All toys & equipment will be sanitized after each lesson.
- Only 1 spectator with a swimmer at a time.

