

GYMNASIUM SCHEDULE

EFFECTIVE 1/27/2025



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 5:00AM - 5:45AM	Open Gym 5:00AM - 9:00AM	Open Gym 5:00AM - 5:45AM	Open Gym 5:00AM - 9:00AM	Open Gym 5:00AM - 5:30AM	Open Gym 7:00AM - 8:00AM
Classes 5:45AM-6:40AM	Classes 9:00AM - 10:20AM	Classes 6:00AM - 11:30AM	Classes 9:00AM - 10:20AM	Classes 5:45AM - 11:30AM	Classes 8:00AM - 10:30AM
Open Gym 6:45AM-7:45AM	Pickleball 10:30AM - 1:00PM	Open Gym 11:45AM - 3:00PM	Pickleball 10:30AM - 1:00PM	Open Gym 11:45AM - 3:00PM	Open Gym 10:35AM - 11:30AM
Classes 8:00 AM - 11:30AM	Open Gym 1:00PM - 3:00PM	Middle School / High School Basketball 3:00PM - 4:45PM	Open Gym 1:00PM - 3:00PM	Middle School / High School 3:00PM - 4:45PM	Adult Basketball 11:35AM - 1:55PM
Open Gym 11:45AM - 3:00PM	Middle School / High School Basketball 3:00PM - 4:45PM	Adult Classes 5:00PM - 6:00PM	Middle School / High School Basketball 3:00PM - 4:45PM	Adult Volleyball 5:00PM—7:30PM	
Middle School / High School Basketball 3:00PM - 4:45PM	Classes 5:00PM - 7:30PM	Adult over 30 Basketball 6:30PM - 8:55PM	Classes 5:00PM - 7:30PM		
Adult Classes 5:00PM - 6:00PM	Open Gym 7:40PM- 8:55PM		Adult Basketball 7:40PM- 8:55PM		
Adult Basketball 6:30PM - 8:55 PM					

Adult Basketball is for members of the YMCA OF Greater Westfield only, no guests and no reciprocity members. You must be 18 years of age or older.

Middle School /High School Basketball is open for current middle and high school students only.

Open Gym is open to all members, reciprocity members, families and guests of all ages.