

# GYMNASIUM SCHEDULE

## EFFECTIVE 6/1/2021



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Open Gym</b> 5:00AM - 5:45AM	<b>Open Gym</b> 5:00AM - 5:45AM	<b>Open Gym</b> 5:00AM - 5:45AM	<b>Open Gym</b> 5:00AM - 5:45AM	<b>Open Gym</b> 5:00AM - 5:30AM	<b>Open Gym</b> 7:00AM - 11:00AM
<b>Classes</b> 6:00AM - 12:45PM	<b>Classes</b> 6:00AM - 1:45PM	<b>Classes</b> 6:00AM - 12:45PM	<b>Classes</b> 6:00AM - 1:45PM	<b>Classes</b> 5:45AM - 12:45PM	<b>Family Gym</b> 11:00AM - 12:00PM
<b>Open Gym</b> 1:00PM - 3:00PM	<b>Open Gym</b> 2:00PM - 3:00PM	<b>Open Gym</b> 1:00PM - 3:00PM	<b>Open Gym</b> 2:00PM - 3:00PM	<b>Open Gym</b> 1:00PM - 3:00PM	<b>Adult Basketball</b> 12:00PM - 1:45PM
<b>Middle School / High School</b> 3:00PM - 4:45PM	<b>Middle School / High School</b> 3:00PM - 4:45PM	<b>Middle School / High School</b> 3:00PM - 4:45PM	<b>Middle School / High School</b> 3:00PM - 4:45PM	<b>Middle School / High School</b> 3:00PM - 4:45PM	
<b>Classes</b> 5:00PM - 7:40PM	<b>Classes</b> 5:00PM - 7:40PM	<b>Classes</b> 5:00PM - 7:40PM	<b>Classes</b> 5:00PM - 7:40PM	<b>Open Gym</b> 4:30PM - 6:30pm	
<b>Adult Basketball</b> 7:45PM - 8:55PM	<b>Open Gym</b> 7:45PM - 8:55PM	<b>Adult Basketball</b> 7:45PM - 8:55PM	<b>Adult over 30 Basketball</b> 7:45PM - 8:45PM		

**Adult Basketball** is for members of the YMCA OF Greater Westfield only, no guests and no reciprocity members. You must be 18 years of age or older.

**Middle School /High School Basketball** is open for current middle and high school students only.

**Open Gym** is open to all members, reciprocity members and guests of all ages.

**Family Gym** is open those with a family membership and children aged 3-10.