

YMCA of Greater Westfield



COLE POOL SCHEDULE

JULY

Effective July 1 through July 31

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM						
5:15am - 9:00am All Lanes*	5:15am - 8:30am All Lanes	5:15am - 8:30am All Lanes*	5:15am - 8:30am All Lanes	5:15am - 10:00am All Lanes*	7:00am - 8:00am 4-6 Masters/ 1-3 Open	
9:00am - 10:00am Lane 6	8:30am - 9:30am Lane 6	8:30am - 9:30am Lane 6	8:30am - 9:30am Lane 6	10:00am-11:00am Lanes 4-6	8:00am - 10:00am Lane 3	
10:00am-11:00am Lanes 4-6	9:30am-10:00am All Lanes	9:30am-10:00am All Lanes	9:30am-10:00am All Lanes	11:00am-2:40pm All Lanes	10:00am - 5:30pm Lanes Vary	
11:00am-2:40pm All Lanes	10:00am-11:15am Lanes 4-6	10:00am-11:00am Lanes 4-6	10:00am-11:15am Lanes 4-6	2:40PM-6:30PM Lanes 1-2		
2:40pm-7:00pm Lanes 1-2	11:15am-2:40pm All Lanes	2:40pm-6:30PM Lanes 1-2	11:15am-2:40pm All Lanes	6:30pm-9:00pm All Lanes		
7:00pm - 8:00pm Lanes 5-6	2:40pm-6:00pm Lane 1-2	6:30pm-7:00pm Lanes 1,2	2:40pm-6:00pm Lane 1-2			
8:00-9:00pm All Lanes	6:00pm - 7:00pm Lane 4	7:00pm - 8:00pm Lanes 5-6	6:00pm - 7:00pm Lane 4			
	7:00pm - 9:00pm All Lanes	8:00pm-9:00pm All Lanes	7:00pm - 9:00 pm All Lanes			
POOL FITNESS						
9:00am - 10:00am Lanes 1 - 5	8:30am - 9:30am Lanes 1 - 5	8:30am - 9:30am Lanes 1 - 5	8:30am - 9:30am Lanes 1 - 5			
	6:00-7:00pm Lanes 1-3		6:00-7:00pm Lanes 1-3			
Y's KIDS						
10:00am-11:00am Lanes 1-3	10:00am-11:00am 1:00pm-2:00pm Lanes 1-3	10:00am-11:00am Lanes 1-3	10:00am-11:00am 1:00pm-2:00pm Lanes 1-3	10:00am-11:00am Lanes 1-3		
SWIM TEAM						
2:40PM-6:00PM Lanes 2-6	5:30am-6:30am Lane 6	2:40PM-6:00PM Lanes 3-6	5:30am-6:30am Lanes 6	2:40PM-6:30PM Lanes 3-6	8:00am - 10:00am Lanes 4-6	
6:00pm-6:30pm Lanes 5,6	2:40pm-4:30pm Lanes 3-6	6:00pm-6:30pm Lanes 5,6	2:40pm-4:30pm Lanes 3-6	6:00pm-6:30pm Lanes 5,6		
	4:30pm-6:00pm Lanes 4-6		4:30pm-6:00pm Lanes 4-6			
FAMILY OPEN SWIM						
					11:00AM - 5:30pm Lanes Vary	
JULY POOL EVENTS						
July 9 Home Swim Meet						
*Masters Swim Team Practice						
Mondays, Wednesdays, and Fridays 6:30AM-7:30AM Lanes 4-6						
Lap swim is for continuous swimming of laps. Circle swim lap lanes are designated shared lanes.						
Please follow and know the rules/policies of the pool to ensure everyone's well-being and safety.						
POOL TIMES ARE SUBJECT TO CHANGE						
Please contact John Farrell Aquatics Coordinator 568-8631 ext. 320 jparrell@westfieldymca.org or visit our website at westfieldymca.org						

YMCA of Greater Westfield

SMALL POOL SCHEDULE

JULY

Effective July 1 through July 31

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
FAMILY OPEN SWIM						
8:00am-9:00am	8:00am-8:30am	8:00am-9:00am	8:00am-8:30am	8:00am-8:30am	11:00am - 1:00pm	
3:00pm - 5:00pm	3:00pm - 4:30pm	3:00pm - 4:30pm	3:00pm - 5:00pm	10:15am-12:00pm	1:00pm-4:30pm*	
7:30pm - 9:00pm	6:30pm - 8:30pm	7:30pm - 9:00pm	6:45pm - 8:30pm	3:00pm - 4:30pm	4:30pm-5:30pm	
				7:30pm - 9:00pm		
ADULT OPEN SWIM						
5:15am - 8:00am	5:15am -8:00am	5:15am - 8:00am	5:15am - 8:00am	5:15am - 8:00am	7:00am - 8:30am	
2:00pm - 3:00pm	8:30pm - 9:00pm	2:00pm - 3:00pm	8:30pm - 9:00pm			
POOL FITNESS						
11:00am-12:00am	8:30am-9:15am	11:00am-12:00am	8:30am-9:15am	8:30am-10:30am		
5:00pm-6:00pm	10:45am-12:00pm		10:45am-12:00pm			
	1:00pm-2:00pm		1:00pm-2:00pm			
SWIM LESSONS						
	11:15am-12:00pm	9:30am - 10:30am	11:15am-12:00pm	1:00pm - 2:00pm	8:30am - 11:00am	
	4:30pm-6:30pm	4:30pm - 6:30pm	5:00pm - 6:45pm	4:30pm - 6:30pm		
THERAPY SWIM						
12:00pm-1:00pm	12:00pm - 1:00pm	12:00pm-1:00pm	12:00pm - 1:00pm	12:00pm-1:00pm		
6:30pm -7:30pm		6:30pm -7:30pm		6:30pm -7:30pm		
SPECIAL NEEDS ADULT SWIM						
	8:30pm - 9:00pm (shared w/Adult Open)		8:30pm - 9:00pm (shared w/Adult Open)	2:00pm - 3:00pm (shared w/Adult Open)		
YS KIDS						
1:00pm-2:00pm		1:00pm-2:00pm		1:00pm-2:00pm		
JULY POOL EVENTS July 9 Swim Meet Y will be closed for 4th of July <i>*If there are no birthday parties it will be family swim</i> PLEASE TAKE A CLEANSING SHOWER PRIOR TO ENTERING POOL.						



Please follow and know the rules/policies of the pool to ensure everyone's well-being and safety.
POOL TIMES ARE SUBJECT TO CHANGE

Please contact John Farrell Aquatics Coordinator 568-8631 ext. 320 jpfarrell@westfieldymca.org or visit our website at westfieldymca.org

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