AQUATICS SCHEDULE

EFFECTIVE - 1/29/2024



LARGE POOL SCHEDULE								
MONDAY		TUESDAY		WEDNESDAY				
5:15 AM - 6:15 AM	Lap Swim	5:15 AM - 8:15 AM	Lap Swim	5:15 AM - 6:15 AM	Lap Swim			
6:30 AM - 7:30 AM	Masters Swim	8:30 AM - 9:15 AM	POOL FITNESS	6:30 AM - 7:30 AM	Masters Swim			
7:45 AM - 2:00 PM	Lap Swim	9:30 AM - 2:00 PM	Lap Swim	7:45 AM - 2:00 PM	Lap Swim			
2:00 PM - 3:45 PM	POOL CLOSED	2:00 PM - 3:45 PM	POOL CLOSED	2:00 PM - 3:45 PM	POOL CLOSED			
3:45 PM - 6:00 PM	Swim Team	3:45 PM - 6:00 PM	Swim Team	3:45 PM - 6:00 PM	Swim Team			
6:00 PM - 6:30 PM -	Swim Team	6:00 PM - 6:30 PM	Water Warriors	6:00 PM - 6:30 PM	Swim Team			
	Lanes 4-6		1-3		Lanes 4-6			
	Lap Swim		Swim Team		Lap Swim			
	Lanes 1-3		Lanes 4-6		Lanes 1-3			
			Water Warriors					
6:30 PM - 8:45 PM	Lap Swim	6:30 PM - 7:00 PM	1-3	6:30 PM - 8:45 PM	Lap Swim			
8:45 PM POOL CLOSES			LAP SWIM 4-6	8:45 PM POOL CLOSES				
		7:00 PM - 8:45 PM	Lap Swim					
8:45 PM POOL CLOSES								
THURSDAY5:15 AM - 8:15 AMLap Swim		FRIDAY 5:15 AM - 6:15 AM Lap Swim		SATURDAY7:00 AM - 9:00 AMLap Swim				
5.15 AIVI - 0.15 AIVI		5.15 ANI - 0.15 ANI	Lap Swith	9:00 AM - 12:00 PM -	Lap Swim			
8:30 AM - 9:15 AM	POOL FITNESS	6:30 AM - 7:30 AM	Masters Swim		2-6			
0.007111 0.107111					Swim Lessons			
9:30 AM - 2:00 PM	Lap Swim	7:45 AM - 2:00 PM	Lap Swim		1-2			
	•		•					
2:00 PM - 3:45 PM	POOL CLOSED	2:00 PM - 3:45 PM	POOL CLOSED	12:00 PM - 1:30 PM	Lap Swim			
3:45 PM - 6:00 PM	Swim Team	3:45 PM - 6:00 PM	Swim Team	1:30 PM PO0	OL CLOSES			
6:00 PM - 6:30 PM -	Water Warriors							
	1-3	6:00 PM - 6:45 PM	Lap Swim					
	Swim Team	6:45 PM POOL CLOSES						
	Lanes 4-6							
6:30 PM - 7:00 PM -	Water Warriors							
	1-3							
	Lap Swim 4-6							
7:00 PM - 8:45 PM	Lap Swim							
	DOL CLOSES							
8.45 PM PC	JOE GLOSES							

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AQUATICS SCHEDULE

EFFECTIVE - 1/29/2024



SMALL POOL SCHEDULE								
MONDAY		TUESDAY		WEDNESDAY				
7:00AM – 9:20AM	Adult Swim	7:00AM – 9:00AM	Adult Swim	7:00AM – 9:20AM	Adult Swim			
	Child Care				Child Care			
9:30AM – 10:30AM		9:00AM – 9:45AM	Poolates	9:30AM – 10:30AM	Outine Lassance			
	Swim Lessons				Swim Lessons			
10:30AM – 11:15AM	AOA Fitness	9:45AM – 10:40AM	Child Care	10:30AM – 11:15AM	AOA Fitness			
11:15AM - 12:00PM	AOA Fitness	10:45AM – 11:30AM	Deep End Poolates	11:15AM - 12:00PM	AOA Fitness			
12:00PM – 1:00PM	Adult Swim	11:45AM – 1:00PM	Adult Swim	12:00PM – 1:00PM	Adult Swim			
1:00PM – 3:00PM	POOL CLOSED	1:00PM – 3:00PM	POOL CLOSED	1:00PM – 3:00PM	POOL CLOSED			
3:00PM – 4:00PM	Open Swim	3:00PM – 4:15PM	Adult Swim	3:00PM – 4:00PM	Adult Swim			
4:15PM – 5:00PM	Deep End Poolates	4:30PM – 5:45PM	Swim Lessons	4:15PM – 6:00PM	Family Swim			
5:15PM – 6:30PM	Adult Swim	6:00PM - 7:00PM	Open Swim	6:00PM – 8:00PM	Adult Swim			
6:45PM – 8:00PM	Family Swim	7:00PM – 8:00PM	Adult Swim	8:00PM	POOL CLOSED			
8:00PM	POOL CLOSED	8:00PM	POOL CLOSED					
Thursday		Friday		Saturday				
7:00AM – 9:00AM	Adult Swim	7:00AM – 9:00AM	Adult Swim	7:00AM – 8:15AM	Adult Swim			
9:00AM – 9:45AM	Poolates	9:05AM – 10:00AM	Pool Fitness	8:25AM – 12:00PM	Swim Lessons			
9:45AM – 10:40AM	Adult Swim	10:15AM – 1:00PM	Open Swim	12:10PM – 1:30PM	Family Swim			
10:45AM – 11:30AM	Deep End Poolates	1:00PM – 3:00PM	POOL CLOSED	1:30PM	POOL CLOSED			
11:45AM – 1:00PM	Adult Swim	3:00PM – 4:15PM	Adult Swim					
1:00PM – 3:00PM	POOL CLOSED	4:30PM – 6:00PM	Swim Lessons	PLEASE NOTE: Adult Swim is for adult members only. Open Swim is for all ages. Family Swim is for families with children only.				
3:00PM – 4:15PM	Adult Swim	6:00PM – 6:45PM	Family Swim					
4:30PM -6:30PM	Swim Lessons	6:45PM	POOL CLOSED					
6:30PM - 8:00PM	Open Swim							
8:00PM	POOL CLOSED							

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