



STRONG SWIMMERS CONFIDENT KIDS

YMCA of Greater Westfield • 413-568-8631 • www.westfieldymca.org

Fall 2019 Swim Lessons

September 3, 2019 – October 26, 2019

**CLASSES WILL RUN
ONCE A WEEK FOR 8
WEEKS**

REGISTRATION DATES
Members: 8/12/19
Community: 8/14/19

PARENT & CHILD (6 mo. - 3 yrs.)	FEE	DURATION	MON	TUE	WED	THU	FRI	SAT
Stage A & Stage B	Member: \$48 Community: \$78	30 min		10:00 AM	5:15 PM			8:30 AM
PRESCHOOL (3-5)	FEE	DURATION	MON	TUE	WED	THU	FRI	SAT
Stage 1 & Stage 2	Member: \$48 Community: \$78	30 min		4:30 PM	5:00 PM	5:30 PM	5:00 PM	9:00 AM 10:00 AM
Stage 3	Member: \$48 Community: \$78	30 min			5:00 PM		5:30 PM	9:30 AM
Stage 4	Member: \$48 Community: \$78	30 min					4:30 PM	
YOUTH (5-12)	FEE	DURATION	MON	TUE	WED	THU	FRI	SAT
Stage 1 & Stage 2	Member: \$56 Community: \$89	40 min		4:30 PM	5:30 PM	6:00 PM	5:00 PM	10:30 AM
Stage 3 & Stage 4	Member: \$56 Community: \$89	40 min		5:15 PM	5:30 PM	6:00 PM	4:30 PM	9:00 AM
Stage 5 & Stage 6	Member: \$56 Community: \$89	40 min				5:00 PM		9:45 AM

SPECIAL PROGRAMS	FEE	DURATION	MON	TUE	WED	THU	FRI	SAT
Gym & Splash	Member: \$65 Community: \$105	45 min		5:15 PM				
Tumble & Splash	Member: \$65 Community: \$105	1.25 hrs						9:45 AM
Private Lessons (6 classes)	Member: \$120 Community: \$200	30 min	CALL TO SET UP AN APPOINTMENT					
Semi-Private Lessons (6 classes)	Member: \$90 Community: \$180	30 min						

What group is right for your child?

3 YRS.
&
UNDER

Can the student respond to verbal cues and jump on land?

NOT YET

STAGE A / B

Is the student comfortable working with an instructor without a parent in the water?

NOT YET

STAGE A / B

3 - 12
YRS.

Will the student go underwater voluntarily?

NOT YET

1 / WATER
ACCLIMATION

Can the student do a front and back float on his or her own?

NOT YET

2 / WATER
MOVEMENT

Can the student swim 10-15 yards on his or her front and back?

NOT YET

3 / WATER
STAMINA

Can the student swim 15 yards of front and back crawl?

NOT YET

4 / STROKE
INTRODUCTION

Can the student swim front crawl, back crawl, and breaststroke across the pool?

NOT YET

5 / STROKE
DEVELOPMENT

Can the student swim front crawl, back crawl, and breaststroke across the pool and back?

NOT YET

6 / STROKE
MECHANICS