



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# STRONG SWIMMERS CONFIDENT KIDS

## 2019 Summer Swim Lessons: June 17–August 10, 2019

Classes will run once a week for 8 weeks—July 4th will be pro-rated.

Accelerated class options listed at the bottom.

Registration dates:           Members: June 3  
  Community Members: June 5



PARENT & CHILD (6 months–3 yr)	FEE	DURATION	MON	TUES	WED	THUR	FRI	SAT
Stage A Water Discovery & Stage B Water Exploration	\$48 Member \$78 Community Member	30 mins		10:00 AM	5:15 PM			8:30 AM
PRESCHOOL (3–5)	FEE	DURATION	MON	TUES	WED	THUR	FRI	SAT
Stage 1 Water Acclimation & Stage 2 Water Movement	\$48 Member \$78 Community Member	30 mins		4:30 PM	5:00 PM	5:30 PM	5:00 PM	9:00 AM 10:00 AM
Stage 3 Water Stamina	\$48 Member \$78 Community Member	30 mins			5:00 PM		5:30 PM	9:30 AM
Stage 4 Stroke Introduction	\$48 Member \$78 Community Member						4:30 PM	
YOUTH (5–12)	FEE	DURATION	MON	TUES	WED	THUR	FRI	SAT
Stage 1 Water Acclimation & Stage 2 Water Movement	\$56 Member \$89 Community Member	40 mins		4:30 PM	5:30 PM	6:00 PM	5:00 PM	10:30AM
Stage 3 Water Stamina & Stage 4 Stroke Introduction	\$56 Member \$89 Community Member	40 mins		5:15 PM	5:30 PM	6:00 PM	4:30 PM	9:00 AM
Stage 5 Stroke Development & Stage 6 Stroke Mechanics	\$56 Member \$89 Community Member	40 mins				5:00 PM		9:45 AM
ACCELERATED LESSONS Twice a week for 4–WEEKS	FEE	DURATION	MON/WED	TUES/TH	ACCELERATED SWIM LESSONS			
Pre-school (Ages 3–5)	\$48 Member \$78 Community Member	30 mins	10:00 AM	10:00 AM	We'll be running one separate 4-week accelerated swim lessons during our summer session. Lessons will run M/W or T/TH. Session Dates: Session 1: July 8–August 1			
Youth (Ages 6–12)	\$56 Member \$89 Community Member	40 mins	9:15 AM	9:15 AM				

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Special Programs	FEE	DURATION	MON	TUES	WED	THUR	FRI	SAT
Gym & Splash	\$65 Member \$105 Community Member	45 mins		5:15 PM				
Tumble & Splash	\$65 Member \$105 Community Member	1.25 Hours						9:45 AM
Private Lessons (6 classes)	\$120 Member \$200 Community Member	30 Mins		<b>Call to set up an appointment.</b>				
Semi-Private Lessons (6 classes)	\$90 Member \$180 Community Member	30 mins						

## WHAT GROUP IS RIGHT FOR YOUR CHILD?

3 yrs. & under	Can the student respond to verbal cues and jump on land?	NOT YET	STAGE A / B
	Is the student comfortable working with an instructor without a parent in the water?	NOT YET	STAGE A / B
3-12 yrs.	Will the student go underwater voluntarily?	NOT YET	1 / WATER ACCLIMATION
	Can the student do a front and back float on his or her own?	NOT YET	2 / WATER MOVEMENT
	Can the student swim 10-15 yards on his or her front and back?	NOT YET	3 / WATER STAMINA
	Can the student swim 15 yards of front and back crawl?	NOT YET	4 / STROKE INTRODUCTION
	Can the student swim front crawl, back crawl, and breaststroke across the pool?	NOT YET	5 / STROKE DEVELOPMENT
	Can the student swim front crawl, back crawl, and breaststroke across the pool and back?	NOT YET	6 / STROKE MECHANICS